

MY POCKET DEVOTIONS TO THE SACRED HEART

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CATHOLIC BOOK PUBLISHING CORP.
New Jersey

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LITANY OF THE SACRED HEART OF JESUS

LORD, have mercy.
Christ, have mercy.

Lord, have mercy.

Christ, hear us.

Christ, graciously hear us.

God the Father of heaven, *have mercy
on us.* *

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Heart of Jesus, Son of the Eternal
Father,

Heart of Jesus, formed by the Holy
Spirit in the womb of the Virgin
Mother,

Heart of Jesus, substantially united to
the Word of God,

Heart of Jesus, of infinite majesty,

Heart of Jesus, sacred temple of God,

**Have mercy on us is repeated after each
invocation.*

PRAYER

SACRED Heart of Jesus, I believe that at Holy Mass, the graces that You merited for us reach my soul. Holy Communion gives me an increase of sanctifying grace—the life of my soul that makes it holy and pleasing to God. It also gives me actual graces—helps from God that enlighten my mind and strengthen my will to do good and avoid evil.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to Saint Margaret Mary: *“I will give to My faithful all the graces necessary in their state of life.”*

Give me Your help that I may make frequent use of the Sacraments of Penance and the Holy Eucharist, and that I may pray much, so that through Your Divine grace I may faithfully carry out the obligations of my state of life.

Note: The prayers indicated for each Promise may be used as a Novena to the Sacred Heart—one Promise for each day—concluding with the Novena Prayer on page 44.

**Prayer of Union with
the Sacred Heart**

HAIL, Sacred Heart of Jesus, living and strengthening source of eternal life, infinite treasury of the Divinity, and burning furnace of Divine love! You are my Refuge and sanctuary.

My loving Savior, consume my heart in that burning love with which Your own Heart is inflamed. Pour out upon me the graces that flow from Your love. Let my heart be so united with Yours that our wills may be one, and my will may in all things be conformed with Your Will. May Your Will be the guide and role of my desires and of my actions.

—St. Gertrude

