

MY POCKET BOOK OF NOVENAS

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NOVENA TO THE SACRED HEART OF JESUS

MEDITATION

DEVOTION to the Sacred Heart, as we know it, began about the year 1672. On repeated occasions, Jesus appeared to Saint Margaret Mary Alacoque, a Visitation nun, in France, and during these apparitions He explained to her the devotion to His Sacred Heart as He wanted people to practice it. He asked to be honored in the symbol of His Heart of flesh; He asked for acts of reparation, for frequent Communion, Communion on the First Friday of the month, and the keeping of the Holy Hour.

When the Catholic Church approved the devotion to the Sacred Heart of Jesus, she did not base her action only on the visions of Saint Margaret Mary. The Church approved the devotion on its own merits.

inscribe it in their hearts. I will be their God, and they will be My people.” —Jer 31:33

“Take My yoke upon you and learn from Me, for I am meek and humble of Heart.”

—Mt 11:29

“I have come to spread fire on the earth, and how I wish it were already blazing!”

—Lk 12:49

“When they came to Jesus and saw that He was already dead, they did not break His legs, but one of the soldiers thrust a lance into His side, and immediately a flow of blood and water came forth.”

—Jn 19:34

NOVENA PRAYERS

Novena Prayer

DIVINE Jesus, You have said, “Ask, and it will be given to you; seek, and you will find; knock, and the door will be opened to you.” Behold me