

THE HANDBOOK
OF
INDULGENCES
—
NORMS AND GRANTS
—

AUTHORIZED ENGLISH EDITION



CATHOLIC BOOK PUBLISHING CORP.
NEW YORK

CONTENTS

Preface to the Third Edition	11
Decree of the Apostolic Penitentiary	13
Introduction	15
Norms for Indulgences	19
Three General Types of Indulgenced Grants	25
Preliminary Comments	25
The Grants	27
I	27
II	29
III	32
The Other Types of Indulgenced Grants	35
Preliminary Comments	35
The Grants	39
1. Prayer for All Occasions — <i>Actiones nostras</i>	39
2. Act of Faith, Hope, and Love and Act of Contrition — <i>Actus virtutum theologialium et contritionis</i>	40
3. Adoration of the Blessed Sacrament — <i>Adoratio Ss.mi Sacramenti</i>	40
4. Hidden Here before Me, Lord — <i>Adoro te devote</i>	41
5. Prayer for Meetings — <i>Adsumus</i>	42
6. Prayer to Saint Joseph — <i>Ad te, beate Ioseph</i>	43
7. Prayer of Thanksgiving — <i>Agimus tibi gratias</i>	43
8. Prayer to the Guardian Angel — <i>Angele Dei</i>	44
9. The Angelus and the Regina Caeli — <i>Angelus Domini et Regina caeli</i>	44
10. Soul of Christ — <i>Anima Christi</i>	46
11. Visiting the Patriarchal Basilicas in Rome — <i>Basilicarum Patriarchalium in Urbe visitatio</i>	46
12. Papal Blessing — <i>Benedictio Papalis</i>	47
13. Visiting a Cemetery — <i>Coemeterii visitatio</i>	47
14. Visiting a Catacomb, i.e., a Cemetery of the Early Christians — <i>Coemeterii veterum chris- tianorum seu "catacumbae" visitatio</i>	47
15. Act of Spiritual Communion — <i>Communionis spiritualis actus</i>	48

16. Creed — <i>Credo in Deum</i>	48
Apostles' Creed	48
Nicene-Constantinopolitan Creed	49
17. Adoration of the Cross — <i>Crucis adoratio</i>	50
18. Office for the Dead — <i>Defunctorum officium</i>	50
19. Psalm 130 — <i>De profundis</i>	50
20. Teaching or Studying Christian Doctrine — <i>Doctrina christiana</i>	51
21. Prayer at the Beginning of the Day — <i>Domine,</i> <i>Deus omnipotens</i>	52
22. Prayer before a Crucifix — <i>En ego, o bone</i> <i>et dulcissime Iesu</i>	52
23. Eucharistic Congresses — <i>Eucharisticus conventus</i>	53
24. Prayer for the Household — <i>Exaudi nos</i>	53
25. Retreats — <i>Exercitia spiritalia</i>	53
26. Act of Reparation to the Sacred Heart — <i>Iesu</i> <i>dulcissime</i>)	54
27. Act of Dedication to Christ the King — <i>Iesu</i> <i>dulcissime, Redemptor</i>	56
28. At the Approach of Death — <i>In articulo mortis</i>	57
29. Litanies — <i>Litaniae</i>	57
Litany of the Holy Name	58
Litany of the Sacred Heart	60
Litany of the Precious Blood	62
Litany of the Blessed Virgin Mary (Litany of Loreto)	64
Litany of Saint Joseph	66
Litany of the Saints	68
30. Canticle of Mary — <i>Magnificat</i>	70
31. A Child's Prayer to Mary — <i>Maria, Mater gratiae</i>)	71
32. The Memorare — <i>Memorare, o piissime Virgo Maria</i>	71
33. Psalm 51 — <i>Miserere</i>	72
34. Novena Prayers — <i>Novendiales preces</i>	73
35. Use of Devotional Objects — <i>Obiectorum pietatis</i> <i>usus</i>	74
36. Little Offices — <i>Officia parva</i>	74

37. Prayer for Priestly and Religious Vocations — <i>Oratio ad sacerdotales vel religiosas vocationes impetrandas</i>	75
38. Mental Prayer — <i>Oratio mentalis</i>	75
39. Prayer for the Pope — <i>Oremus pro Pontifice</i>	76
40. How Holy This Feast — <i>O sacrum convivium</i>	76
41. Listening to Preaching — <i>Praedicationis sacrae participatio</i>	77
42. First Communion — <i>Prima Communio</i>	77
43. First Mass of Newly Ordained Priests — <i>Prima Missa neosacerdotum</i>	77
44. Prayer for the Unity of Christians — <i>Pro christianorum unitate oratio</i>	78
45. Monthly Period of Recollection — <i>Recollectio menstrua</i>	78
46. Prayer for the Dead — <i>Requiem aeternam</i>	78
47. Prayer for Benefactors — <i>Retribuere dignare, Domine</i> .	79
48. Recitation of the Marian Rosary — <i>Rosarii marialis recitatio</i>	79
49. Jubilee Celebrations of Priestly Ordination — <i>Sacerdotalis Ordinationis celebrationes iubilares</i>	80
50. Reading the Sacred Scriptures — <i>Sacrae Scripturae lectio</i>	80
51. Hail, Holy Queen — <i>Salve, Regina</i>	81
52. Mary, Help of Those in Need — <i>Sancta Maria, succurre miseris</i>	81
53. Invocation to Saints Peter and Paul — <i>Sancti Apostoli Petre et Paule</i>	82
54. Cult of the Saints — <i>Sanctorum cultus</i>	82
55. Sign of the Cross — <i>Signum crucis</i>	82
56. Visiting the Stational Churches — <i>Stationalium ecclesiarum visitatio</i>	83
57. Ancient Prayer to the Virgin — <i>Sub tuum praesidium</i>	83
58. Diocesan Synod — <i>Synodus diocesana</i>	83
59. Secret Past Imagination — <i>Tantum ergo</i>	84
60. You are God: We Praise You — <i>Te Deum</i>	85

61. Come, Creator Spirit — <i>Veni, Creator</i>	86
62. Come, Holy Spirit — <i>Veni, Sancte Spiritus</i>	87
63. Stations of the Cross — <i>Viae Crucis exercitium</i>	88
64. A Night Prayer — <i>Visita, quaesumus, Domine</i>	89
65. Visiting a Parish Church — <i>Visitatio ecclesiae</i> <i>paroecialis</i>	90
66. Visiting a Church or an Altar on the Day of its Dedication — <i>Visitatio ecclesiae vel</i> <i>altaris die dedicationis</i>	90
67. Visiting a Church or an Oratory on All Souls Day — <i>Visitatio ecclesiae vel oratorii</i> <i>in Commemoratione omnium fidelium defunctorum</i>	91
68. Visiting a Church or an Oratory of Religious on a Day Dedicated to their Founder — <i>Visitatio ecclesiae vel oratorii Religiosorum die</i> <i>eorum Fundatori sacro</i>	91
69. Pastoral Visitation — <i>Visitatio pastoralis</i>	92
70. Renewal of Baptismal Promises — <i>Votorum</i> <i>baptismalium renovatio</i>	92
Appendix: Pious Invocations	95
Documentation: Apostolic Constitution <i>Indulgentiarum</i> <i>doctrina</i>	99
Recitation of the Akathist Hymn — <i>Hymni Acatistos</i> <i>recitatio</i>	123
Index	125

THE GRANTS

I

A partial indulgence is granted to the Christian faithful who, while performing their duties and enduring the difficulties of life, raise their minds in humble trust to God and make, at least mentally, some pious invocation.

This type of grant intends to assist the Christian faithful in fulfilling the command of Christ: "You need to pray always and not stop."⁴ It also admonishes them to carry out their duties in such a way that they maintain and increase their union with Christ.

Mt 7:7-8: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened.

Mt 26:41: Watch and pray that you may not undergo the test.

Lk 21:34-36: Beware that your hearts do not become drowsy from carousing and drunkenness and the anxieties of daily life, and that day catch you by surprise like a trap. For that day will assault everyone who lives on the face of the earth. Be vigilant at all times and pray that you have the strength to escape the tribulations that are imminent and to stand before the Son of Man.

Acts 2:42: They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers.

Rom 12:12: Rejoice in hope, endure in affliction, persevere in prayer.

1 Cor 10:31: So whether you eat or drink, or whatever you do, do everything for the glory of God.

⁴ Lk 18:1.

15

Communio spiritualis actus

Act of Spiritual Communion

An act of spiritual communion, expressed in any devout formula whatsoever, is endowed with a *partial indulgence*.

16

Creo in Deum

Creed

Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

69

Visitatio pastoralis

Pastoral Visitation

A *partial indulgence* is granted the Christian faithful who devoutly visit a church or an oratory during the time when a pastoral visitation is being conducted there. The indulgence is a *plenary* one, to be obtained but once, if during the time of the pastoral visitation they participate in a religious service over which the visitor presides.

70

Votorum baptismalium renovatio

Renewal of Baptismal Promises

A *partial indulgence* is granted the Christian faithful who renew their baptismal promises through any customary formula. When they do this during the celebration of the Easter Vigil or on the anniversary of their own baptism, they obtain a *plenary* indulgence.

℣. Do you renounce sin,
so as to live in the freedom of the children of God?

℟. *I do.*

℣. Do you renounce the lure of evil,
so that sin may have no mastery over you?

℟. *I do.*

℣. Do you renounce Satan,
the author and prince of sin?

℟. *I do.*

℣. Do you believe in God,
the Father almighty,
Creator of heaven and earth?

℟. *I do.*