# SHORTER CHRISTIAN PRAYER

The Four-Week Psalter of the Liturgy of the Hours Containing

# MORNING PRAYER AND EVENING PRAYER

# With Selections for the Entire Year

Approved for Use in the Dioceses of the United States of America



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### PROPER OF SAINTS

February 2543	August 15550
March 19544	September 14552
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#### **CONCLUDING PRAYER**

Father, may everything we do begin with your inspiration and continue with your saving help. Let our work always find its origin in you and through you reach completion.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Conclusion, as in the Ordinary, 29.

#### **Evening Prayer**

God, come to my assistance. Glory to the Father. As it was in the beginning. Alleluia.

HYMN, no. 34 or 47. Outside Ordinary Time, see Guide, 578.

PSALMODY

Ant. 1 The Lord looks tenderly on those who are poor.

Easter: Have courage; I have overcome the world, alleluia.

#### Psalm 11

#### God is the unfailing support of the just

Blessed are those who hunger and thirst for justice; they shall be satisfied (Matthew 5:6).

In the Lord I have taken my refuge. How can you say to my soul: "Fly like a bird to its mountain.

See the wicked bracing their bow; they are fixing their arrows on the string to shoot upright men in the dark. Foundations once destroyed, what can the just do?"



# WEEK III

# SUNDAY

# **Evening Prayer I**

God, come to my assistance. Glory to the Father. As it was in the beginning. Alleluia.

HYMN, no. 32 or 184. Outside Ordinary Time, see Guide, 578.

**P**SALMODY

- Ant. 1 From the rising of the sun to its setting, may the name of the Lord be praised.
  - Advent: Rejoice, Jerusalem, let your joy overflow; your Savior will come to you, alleluia.
  - Lent, 3rd Sunday: The Lord says: Turn away from sin and open your hearts to the Gospel.
  - Easter, 3rd and 7th Sunday: The Lord our God is high above the heavens; he raises up the lowly from the dust, alleluia.

# Psalm 113

### Praise the name of the Lord

He has cast down the mighty and has lifted up the lowly (Luke 1:52).

Praise, O servants of the Lord, praise the name of the Lord! May the name of the Lord be blessed both now and for evermore! From the rising of the sun to its setting praised be the name of the Lord!

High above all nations is the Lord, above the heavens his glory.—

#### Week IV

There were set the thrones of judgment of the house of David.

For the peace of Jerusalem pray: "Peace be to your homes! May peace reign in your walls, in your palaces, peace!" For love of my brethren and friends I say: "Peace upon you!" For love of the house of the Lord I will ask for your good.

#### Psalm-prayer

When you rose from the dead, Lord Jesus, you formed the Church into your new body and made of it the new Jerusalem, united in your Spirit. Give us peace in our day. Make all nations come to your Church to share your gifts in fellowship, that they may render you thanks without end and come to your eternal city.

- Ant. 2 From the morning watch until night, I have waited trustingly for the Lord.
  - Advent: Come, Lord, do not delay; free your people from their sinfulness.
  - Lent, 4th Sunday: Awake from your sleep, rise from the dead, and Christ will give you light.
  - Easter, 4th Sunday: With your own blood, you have redeemed us for God, alleluia.

#### Psalm 130

#### A cry from the depths

He himself will save his people from their sins (Mat-thew 1:21).

Out of the depths I cry to you, O Lord, Lord, hear my voice! O let your ears be attentive to the voice of my pleading.

# Sunday in the Octave of Christmas

Psalter, Week I

# **HOLY FAMILY**

Feast



When Christmas occurs on Sunday, the feast of the Holy Family is celebrated on December 30 and there is no Evening Prayer I.

# **Evening Prayer I**

CANTICLE OF MARY

Ant. The child Jesus remained in Jerusalem, and his parents did not know it. They thought he was in the group of travelers and looked for him among their relatives and friends.

# Invitatory

Ant. Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

Invitatory psalm, as in the Ordinary, 22.

# **Morning Prayer**

CANTICLE OF ZECHARIAH

Ant. Lord, give us light through the example of your family and guide our feet into the way of peace.

CONCLUDING PRAYER

Father, help us to live as the holy family, united in respect and love. Bring us to the joy and peace of your eternal home.

# FRIDAY

#### **Morning Prayer**

#### READING

Acts 5:30-32

The God of our ancestors raised Jesus, though you had him killed by hanging him on a tree. God exalted him at his right hand as leader and savior to grant Israel repentance and forgiveness of sins. We are witnesses of these things, as is the holy Spirit that God has given to those who obey him.

#### RESPONSORY

The Lord is risen from the tomb, alleluia, alleluia. — The Lord is risen from the tomb, alleluia, alleluia.

He hung upon the cross for us, — alleluia. alleluia.

Glory to the Father . . . — The Lord is . . .

#### CANTICLE OF ZECHARIAH

Ant. My commandment is this: love one another as I have loved you, alleluia.

#### INTERCESSIONS

Let us pray to God the Father, who gave us new life through the risen Christ:

Give us the glory of your Son.

- Lord our God, your mighty works have revealed your eternal plan: you created the earth, and you are faithful in every generation,
- hear us, Father of mercy.
- Purify our hearts with your truth, and guide them in the way of holiness,

— so that we may do what is pleasing in your sight. Let your face shine upon us,

- that we may be freed from sin and filled with your plenty.

# THIRTEENTH SUNDAY IN ORDINARY TIME

Psalter, Week I

## **Evening Prayer I**

#### CANTICLE OF MARY

Ant. Those who welcome you are welcoming me, and those who welcome me are welcoming him who sent me.

## **Morning Prayer**

CANTICLE OF ZECHARIAH

Ant. Jesus, turning, saw the woman and said: Take courage, daughter; your faith has saved you, alleluia.

#### CONCLUDING PRAYER

Father, you call your children to walk in the light of Christ. Free us from darkness and keep us in the radiance of your truth.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

### **Alternative Prayer**

Father in heaven, the light of Jesus has scattered the darkness of hatred and sin. Called to that light we ask for your guidance. Form our lives in your truth, our hearts in your love. We ask this through Christ our Lord.

# **Evening Prayer II**

### CANTICLE OF MARY

Ant. The Son of Man did not come to condemn men but to save them.

# LITURGICAL GUIDE FOR HYMNS

# **PROPER OF SEASONS**

# No.

# ADVENT

- 54 On Jordan's bank
- 55 Maranatha
- 56 Come, thou long-expected Jesus
- 57 Be consoled, my people
- 58 Hear the herald voice
- 59 The King of glory
- 60 Wake, awake, the night is dying
- 61 Creator of the stars of night
- 62 You heavens
- 63 0 come, 0 come, Emmanuel
- 64 The coming of our God
- 65 Behold a Virgin bearing him
- 66 The night is ending (Song of Salvation)
- 67 Behold, a rose of Judah

### CHRISTMAS

- 68 Unto us a child is born (A child is born)
- 69 From heaven high
- 70 Go tell it on the mountain
- 71 0 come, all ye faithful
- 72 Songs of praise the angels sang
- 73 Virgin-born, we bow before you
- 74 What child is this?
- 75 A child is born in Bethlehem
- 76 Unto us a child is given

### HOLY FAMILY

- 77 Sing of Mary, pure and lowly
- 78 Joseph

# No.

#### MARY, MOTHER OF GOD

- 73 Virgin-born, we bow before you
- 79 Joy to you
- 80 0 Mary, of all women

## **EPIPHANY**

- 3 Sion, sing
- 11 All you nations
- 81 As with gladness men of old
- 84 Songs of thankfulness

### **BAPTISM OF THE LORD**

- 82 Sing praise to our Creator
  - When Jesus comes to be baptized
- 84 Songs of thankfulness

### LENT

83

- 53 The Master came
- 85 Now let us all with one accord
- 86 Creator of the earth and skies
- 87 Lord, your glory in Christ we have seen
- 88 Praise to the holiest
- 89 The glory of these forty days
- 90 Grant to us
- 91 With hearts renewed
- 92 Take up your cross
- 93 For forty years
- 94 Lord who throughout these forty days
- 95 This is our accepted time
- 96 Draw near, O Lord

# Sion, Sina

Melody: Sion, Sing **Irregular** with Antiphon Music. Lucien Deiss, C.S.Sp. Text: Lucien Deiss, C.S.Sp.

Antiphon:

Sion, sing, break into song! For within you is the Lord With his saving power.

Rise and shine forth, for your light has come.

And upon you breaks the glory of the Lord:

For the darkness covers the earth,

And the thick clouds, the people.

#### Antiphon

#### 2

But upon you the Lord shall dawn,

And in you his splendor shall be revealed:

Your light shall guide the Gentiles on their path.

And kings shall walk in your brightness. Antiphon

Wonder and thanksgiving shall fill your heart.

As the wealth of nations enriches you; You shall be called the City of the Lord, Dear to the Holy One of Israel.

#### Antiphon

You who were desolate and alone, A place unvisited by men Shall be the pride of ages untold, And everlasting joy to the nations. Antiphon

No more shall the sun be your light by day,

Nor the moon's beam enlighten you by night:

The Lord shall be your everlasting light, And your God shall be your glory.

#### Antiphon

#### 6

No more for you the setting of suns, No more the waning of moons;

The Lord shall be your everlasting light And the days of your mourning shall

come to an end.

#### Antiphon

# Morning Has Broken

Melody: Bunessan 55.54.D

Morning has broken Like the first morning, Blackbird has spoken Like the first bird. Praise for the singing! Praise for the morning! Praise for them, springing Fresh from the Word!

#### 3

Mine is the sunlight! Mine is the morning, Born of the one light Eden saw play!

Music: Old Gaelic Melody Text: Eleanor Farjeon, 1881-1965

Sweet the rains new fall Sunlit from heaven. Like the first dew fall On the first grass. Praise for the sweetness Of the wet garden, Sprung in completeness Where his feet pass.

Praise with elation. Praise every morning, God's re-creation Of the new day!

4

# **GENERAL INDEX OF HYMNS**

First Words

A Child is born in Bethlehem

A mighty fortress is our God

All glory, praise and honor

All creatures of our God

All hail, adored Trinity

All praise to you, O God

Alleluia! Sing to Jesus

Alleluia! The strife is o'er

Almighty Ruler, God of truth

As with gladness men of old

At the Lamb's high feast

At the name of Jesus

Be consoled, my people

Behold, a rose of Judah

Behold a Virgin bearing him

Blessed are the poor of heart

Breathe on me, breath of God

Brightness of the Father's glory

Christ is made our sure foundation

Christ Jesus lay in death's strong bands

Blest are the pure in heart

Christ, in whose passion

Christ is the world's light

Christ the Lord is risen today

Christ the Lord is ris'n today

Come, Holy Ghost, Creator come

Come, Holy Ghost, who ever one

Come, thou long-expected Jesus

Creator of the earth and skies

Creator of the stars of night

Darkness has faded

Draw near, O Lord

Faith of our fathers

Crown him with many crowns

Father, Lord of earth and heaven

Christ, victim for the sins

Come, thou almighty King

Come to me

Day is done

All you nations

Amazing grace

Hymn

No.

75

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Hymn No.

#### First Words

- 19 From all that dwell below the skies
- 20 From all that dwell below
- 69 From heaven high
- 70 Go tell it on the mountain
- 13 God Father, praise and glory
- 135 God with hidden majesty
- 90 Grant to us
- 142 Great Saint Andrew
- 162 Hail, holy queen
- 102 Hail, Redeemer, King Divine
- 122 Hail thee, festival day
- 160 Hail this festival day
- 143 Hail to the Lord who comes
- 107 Have mercy, 0 Lord
- 58 Hear the herald voice
- 137 Heart of Christ
- 24 Help us, O Lord
- 49 Holy God, we praise thy name
- 132 Holy, holy, holy
- 158 Holy Mary, now we crown you
- 22 Holy Spirit, come confirm us
- 129 Holy Spirit, God of light
- 114 I am the bread of life
- 108 I shall praise the Savior's glory
- 10 I sing the mighty power of God
- 113 In the midst of death
- 118 Jesus Christ is ris'n today
- 78 Joseph
- 79 Joy to you
- 98 Keep in mind
- 100 Let all mortal flesh keep silence
- 45 Let all things now living
- 124 Let the earth rejoice and sing
- 145 Look down to us, Saint Joseph
- 29 Lord God and Maker of all things
- 34 Lord Jesus Christ, abide with us
- 26 Lord of all being throned afar
- 25 Lord of all hopefulness
- 134 Lord, who at your first Eucharist
- 94 Lord, who throughout these forty days
- 7 Lord, whose love in humble
- 87 Lord, your glory in Christ
- 40 Love divine, all loves excelling
- 174 Loving Shepherd of thy sheep
- 55 Maranatha
- 156 Mary, crowned with living light
- 157 Mary Immaculate