My Daily Spiritual Companion

A Record of
Birthdays and Anniversaries
with a
Saint of the Day Thought
and Prayer for Every Day
of the Year

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JANUARY 1st

Mary, the Mother of God

We begin the New Year with Mary, whose resolution to obey God and bear His Son made salvation possible for all of us.

Today is the Birthday of:

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Today is the Anniversary of:

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Prayer: *Mary, help me to make and keep those New Year's resolutions that will bring me closer to your Son and align me with His will.*

MARCH 17th

St. Patrick, Apostle of Ireland

Saint Patrick teaches us that we can turn things that imprison us into things that free us by embracing God's will.

Today is the Birthday of:

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Today is the Anniversary of:

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Prayer: *Jesus, when I feel enslaved by events or people in my life, remind me that I need only turn to You to find freedom and hope.*

APRIL 29th

St. Catherine of Siena

A brilliant theologian, Saint Catherine teaches us that seeking God also involves seeking peace and unity in the Church.

Today is the Birthday of:

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Today is the Anniversary of:

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Prayer: *Almighty God, let me devote my mind to learning about You, my heart to loving You and Your people, and my body to serving You.*