# LEAD, KINDLY LIGHT

# MINUTE MEDITATIONS FOR EVERY DAY TAKEN FROM THE WORKS OF CARDINAL NEWMAN

Compiled and Edited by Rev. James C. Sharp

**Illustrated** 



CATHOLIC BOOK PUBLISHING CORP. New Jersey

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NIHIL OBSTAT: James T. O'Connor, S.T.D.

Censor Librorum

IMPRIMATUR: ♣ Patrick J. Sheridan, D.D.

Vicar General, Archdiocese of New York

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(T-184)

#### ISBN 978-0-89942-184-1

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Printed in China
www.catholicbookplishing.com

#### **JANUARY 21**

## **Corporate Worship**

TRESS is to be laid upon the duty of united worship. "Where two or three are gathered together in His name, He is in the midst of them" (Mt 18:20).

Christ is so one with them, that they are not their own, they lose for the time their earthstrains. Viewed as one, the Church is still His image as at the first, pure and spotless, His spouse all-glorious within, the Mother of Saints.

—Glory of the Church

PRAYER. Help me realize, O God, that when I join together with others in offering the Holy Sacrifice of the Mass, I am joined to countless others all over the world who praise You.

#### **JANUARY 22**

# **Channels of Redemption**

T is certain from Scripture that the gift of reconciliation is not conveyed to individuals except through appointed ordinances. Sacraments are the channels of the peculiar Christian privileges, and not merely *seals* of the covenant.

Though Christ has purchased inestimable blessings for our race, yet it is still necessary to apply them to individuals by visible means.

—Christian Ministry

PRAYER. My Savior, You have left me the Sacraments as a means of increasing Your grace in my soul. Let me always be grateful.

#### **FEBRUARY 14**

# **Christ's Immortality**

HEN the Word of Life was manifested in our flesh, the Holy Spirit displayed that creative hand by which, in the beginning, Eve was formed; and the Holy Child, thus conceived by the power of the Highest, was immortal even in His mortal nature, sinless and incorruptible.

Death "had no dominion over Him" (Rom 6:19). He was in the words of the text, "the Living among the dead" (Lk 24:5).

—Christ, a Quickening Spirit

**PRAYER.** Christ's rising from the dead, O God, has filled the hearts of His followers with joy. Let me be joined in glory to the Saints.

#### **FEBRUARY 15**

# **Christ's Saving Grace**

UCH is our risen Savior in Himself and toward us: conceived by the Holy Spirit; dying, but abhorring corruption; rising again by His own inherent life; exalted as the Son of God and Son of Man, to raise us after Him; and filling us incomprehensibly with His immortal nature. How wonderful a work of grace!

Strange it was that Adam should be our death but stranger still that God Himself should be our life!

—Christ, a Quickening Spirit

PRAYER. Jesus, my Savior, You suffered, died, and rose again for my sake. Keep me close to You, every day of my life.

#### **JULY 25**

#### **Obedience Follows Belief**

T. John says, "Hereby do we know that we know Him, if we keep His commandments" (1 Jn 2:3). Thus the whole duty and At, work of a Christian is made up of these two parts, Faith and Obedience: "looking unto Jesus," the Divine Object as well as Author of our faith, and acting according to His will.

A certain frame of mind, certain notions, affections, and tempers, a necessary condition of a saving state, will follow if our hearts grow into these two chief objects.

—Saving Knowledge

PRAYER. O God, help me to know and love You more and to rejoice in Your Commandments.

#### **JULY 26**

# **Conforming to the Gospel**

OW then is it possible that a man can duly examine his feelings and affections by the light within him? How can he accurately decide upon their character, whether Christian or not?

It is necessary that he go out of himself to ascertain the nature of the principles which govern him; he must have recourse to his works, and compare them with Scripture, as the only evidence whether or not his heart is perfect with God.

—Saving Knowledge

PRAYER. Christ, my Savior, let my life always conform to Your teaching. Let the Sacred Scriptures and Your Church ever be my guide.

#### **AUGUST 12**

#### **Proof of Our Love**

MAN says to himself, "How am I to know I am in earnest?" I would suggest to him: Make some sacrifice, do some distasteful thing, which you are not actually obliged to do.

Bring home to your mind that in fact you do love your Savior, that you do hate sin, that you have put aside the present world. Thus you will have evidence (to a certain point) that you are not using mere words.—Test of Religious Earnestness

PRAYER. Almighty God, grant me the grace to give me courage to witness to You wherever I go.

### **AUGUST 13**

#### Renewal of the Lord's Death

AKE this view of the Lord's Supper as the appointed means of obtaining the great blessings you need. The daily prayers of the Christian do but spring from, and are referred back to, his attendance on it.

Christ died once: by communicating in His Sacrament, you renew the Lord's death; you bring into the midst of you that Sacrifice which took away the sins of the world; you appropriate the benefit of it, while you eat it under the species of bread and wine. —Sins of Ignorance

PRAYER. Eucharistic Lord, come into my heart and rule over my whole life. Grant that I may ever live in You, and You in me.